

## STARTERS

### MOZZARELLA en CARROZZA \$9

House-made fried mozzarella topped with our homemade marinara sauce

### SPARTAN'S WINGS

8 PIECES \$13 / 16 PIECES \$21

Golden brown wings served with blue cheese dressing.

Tossed in your choice of Buffalo, BBQ, or Hot Sauce

### SHRIMP COCKTAIL \$16

Ice cold jumbo shrimp served with tangy cocktail sauce and lemon wedge

### POPCORN CHICKEN \$12

Lightly breaded chicken served golden brown with honey mustard

### FRIED CALAMARI \$16

Add Gorgonzola \$2 Add Hot Peppers \$2

Fresh calamari dusted in a special mix, served golden brown, with a side of our homemade marinara sauce and lemon wedge

### BONELESS BUFFALO CHICKEN \$13

Boneless breast of chicken breaded and served golden brown in our homemade mild and tangy wing sauce

### NACHOS \$12

Nacho chips covered with jalapeño peppers, tomatoes, scallions and melted cheese, sour cream and salsa  
Add Chicken \$2 Add Beef \$3

### JALAPEÑO POPPERS \$10

Cheddar cheese jalapeño poppers deep fried and served with sour cream

### CHICKEN FINGERS \$12

Deep fried golden brown served with blue cheese dressing

### POTATO SKINS \$12

Fried potato halves stuffed with scallions, tomatoes, bacon, melted cheese and sour cream

### GARLIC BREAD \$6

### WITH CHEESE \$7

### WITH MARINARA Add \$1

## SOUPS

### French Onion \$8

Soup du jour (ask server)



## SALADS

### TOSSED HOUSE SALAD S \$7 / L \$10

Fresh mixed greens, tomatoes, cucumber, onions, peppers, Kalamata olives and pepperoncini

### CAESAR SALAD S \$9 / L \$12

Crisp Romaine lettuce tossed with homemade Caesar dressing, topped with seasoned croutons and parmesan cheese

### CHEF SALAD S \$14 / L \$16

Fresh mixed greens topped with vegetables, hard boiled egg, assorted meats and American cheese

### GREEK SALAD S \$11 / L \$13

Fresh mixed greens topped with feta cheese, anchovies, Kalamata olives, tomato, cucumber, onion, peppers, and pepperoncini

### SPARTAN SPECIAL SALAD S \$13/ L \$15

Fresh mixed greens with tomatoes, cucumbers, onions, green peppers, Kalamata olives, feta cheese and turkey tossed in a vinaigrette dressing

#### Add a Protein:

Chicken S \$4, L \$6

Buffalo Chicken S \$5, L \$7

Shrimp S \$7, L \$9

Steak S \$8, L \$10

Scallops S \$9, L \$15

Salmon \$13

## SPARTAN WRAPS

All wraps are served with a pickle and your choice of steak fries, onion rings, potato salad or cole slaw. Sub sweet potato fries \$2.

### GRILLED CHICKEN WRAP \$13

Grilled chicken, lettuce, tomato, onion, cheddar cheese and thousand island dressing

### ROAST BEEF WRAP \$13

Roast beef, lettuce, tomato, onion, roasted red peppers, cheddar cheese and thousand island dressing

### ITALIAN WRAP \$15

Salami, ham, fresh mozzarella, roasted red peppers, hot cherry peppers, lettuce, tomato, onion and balsamic vinaigrette

### STEAK WRAP \$16

Thin sliced angus ribeye steak, lettuce, tomato, onion, cheddar cheese and thousand island dressing

### TURKEY WRAP \$13

Turkey, swiss cheese, bacon, lettuce, tomato and honey mustard dressing

### TUNA WRAP \$14

Tuna, lettuce, tomato, onion, peppers and American Cheese

### SPARTAN WRAP \$14

Grilled chicken, feta cheese, lettuce, tomato and a splash of vinaigrette

### BUFFALO CHICKEN WRAP \$14

Buffalo chicken with shredded carrots, celery and blue cheese

### CAESAR WRAP \$12

Add Chicken \$4 Add Steak \$6

Choose from grilled ribeye steak or chicken thinly sliced with caesar salad

## FROM OUR CHARCOAL GRILL

All burgers are served with lettuce, tomato, and pickle. Sub sweet potato fries \$2.

### GRILLED CHICKEN PLATTER \$19

Served with feta cheese, tomato, olives, pepperoncini and steak fries

### ATLANTIC SALMON \$27

Grilled or blackened. Served with potato, vegetable and a choice of soup or salad

### CHOPPED STEAK \$21

Ground beef served with sautéed onions, potato, brown gravy, vegetable and a choice of soup or salad

### PRIME NEW YORK STRIP \$34

Served with potato, vegetable and a choice of soup or salad

### ANGUS RIB EYE STEAK \$38

Served with potato, vegetable and a choice of soup or salad

### SPARTAN BURGER \$18

Bacon, double cheese, topped with sautéed onions, mushrooms and steak fries

### HAMBURGER \$14

served with steak fries

### CHEESEBURGER \$15

served with steak fries

### BACON CHEDDAR BURGER \$17

served with steak fries



## SANDWICHES

All sandwiches are served with a pickle, lettuce, tomato, and mayonnaise. Your choice of potato salad or cole slaw. Add cheese \$1 Add Bacon \$2

### BLT \$9

### VIRGINIA HAM \$9

### ROASTED TURKEY \$9

### ROAST BEEF \$9

### TUNA \$9

### BUFFALO CHICKEN \$9

### STEAK (ANGUS RIBEYE) \$14

### GRILLED CHICKEN \$10

## CLUB SANDWICHES

All club sandwiches are served with lettuce, tomato, mayonnaise & bacon with your choice of steak fries, onion rings, potato salad or cole slaw. Add cheese \$1. Sub sweet potato fries \$2.

### BLT \$13

### ROASTED TURKEY \$14

### ROAST BEEF \$15

### TUNA \$13

### HAMBURGER \$15

### CHEESEBURGER \$16

### GRILLED CHICKEN \$14

## GRINDERS

All 12" grinders are served with a pickle and your choice of potato salad or cole slaw.

### CHEESE AND PEPPERS \$9

### SAUSAGE PARMIGIANA \$13

### MEATBALL PARMIGIANA (Sliced) \$13

### EGGPLANT PARMIGIANA \$12

### CHICKEN PARMIGIANA \$13

### VEAL PARMIGIANA \$14

All parmigiana grinders served with mozzarella, marinara sauce, and roasted green peppers.

Extra cheese \$1

### VIRGINIA HAM \$12

### TUNA \$12

### ROAST BEEF \$13

### GENOA SALAMI \$13

### ROASTED TURKEY \$13

### SPARTAN COMBO (Italian Combo) \$14

### STEAK (ANGUS RIBEYE) \$18

### CHICKEN PATTY \$13

All grinders served hot with mozzarella, lettuce, tomato, onions and roasted green peppers.

Extra cheese \$1 Add Bacon \$2

More choices on the back! →

# Spartan

RESTAURANT & BAR  
 Serving Waterbury for over 45 years

Find us online:  
[spartanrestaurant.com](http://spartanrestaurant.com)

## GREEK SPECIALTIES

**GYRO PLATTER** **\$16**  
 Wrapped pita with lamb, onion, tomato, tzatziki, served with steak fries and Greek Salad

**CHICKEN GYRO PLATTER** **\$15**  
 Wrapped pita with chicken, onion, tomato, tzatziki, served with steak fries and Greek Salad

**GYRO ONLY** **\$11**  
 Lamb or chicken

**SPINACH PIE** **\$10**  
 Fresh spinach sautéed and mixed with Feta & Romano cheeses, seasoning, rolled in filo dough and baked golden brown

## ITALIAN DISHES

**SPAGHETTI, ZITI OR LINGUINI** **\$14**  
 marinara sauce or aglio y olio

**LINGUINI with Clam Sauce** **\$22**  
 (red or white)

**HOMEMADE LASAGNA** **\$19**  
**BAKED ZITI** **\$17**  
**BAKED RAVIOLI** **\$17**  
**BOILED CHEESE RAVIOLI** **\$16**  
**VEAL PATTY PARMIGIANA** **\$19**  
 choice of pasta



**CHICKEN PATTY PARMIGIANA** **\$18**  
 choice of pasta

**FRESH CHICKEN CUTLET PARMIGIANA** **\$24**  
 choice of pasta

**HOMEMADE EGGPLANT PARMIGIANA**  
**S \$15 / L \$17**  
 choice of pasta  
 add meatball or sausage \$3

All above served with choice of soup or salad

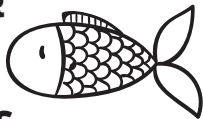
## CLASSIC DINNERS

**HOT OPEN TURKEY PLATTER** **\$16**  
**HOT OPEN ROAST BEEF PLATTER** **\$16**  
 Served with mashed potatoes

## FRIED SEAFOOD

All seafood served with steak fries, coleslaw and tartar sauce

**FISH & CHIPS** **\$16**  
**FILET OF FLOUNDER** **\$16**  
**FRIED SCALLOPS** **\$23**  
**JUMBO SHRIMP** **\$20**  
**FRESH CLAM STRIPS** **\$18**  
**SEAFOOD COMBO** **\$28**



## SIDE ORDERS

**STEAK FRIES** **\$5**  
**SWEET POTATO FRIES** **\$6**  
**ONION RINGS** **\$5**  
**POTATO SALAD** **\$5**  
**COLE SLAW** **\$5**  
**MEATBALLS** **\$5**  
**SAUSAGE** **\$5**  
**FETA CHEESE** **\$6**  
**VEGETABLES** **\$4**  
**DRESSING** **\$1**  
**MARINARA** **\$4**

## SPECIALTY PIZZA

**MARGHERITA** **\$14** **\$18** **\$23**  
 S 10" M 13" L 18"  
 Fresh tomato, fresh mozzarella, garlic, fresh basil

**HAWAIIAN** **\$14** **\$18** **\$23**  
 Ham and pineapple

**VEGETARIAN** **\$15** **\$19** **\$25**  
 Onion, green peppers, eggplant, tomatoes, broccoli, mushrooms

**SPARTAN SPECIAL** **\$17** **\$21** **\$28**  
 Pepperoni, meatball, sausage, onions, peppers, mushrooms, anchovies

**MY BIG FAT GREEK PIZZA** **\$15** **\$18** **\$25**  
 Onions, feta, Greek olives, tomatoes, fresh green peppers

**BADA-BING** **\$15** **\$19** **\$27**  
 Sausage, pepperoni, meatball, roasted green peppers

**CLAMS CASINO** **\$17** **\$22** **\$28**  
 Garlic, clams, peppers, bacon, red or white sauce

**MEATLOVERS** **\$17** **\$22** **\$28**  
 Pepperoni, meatball, sausage, bacon, ham

**BUFFALO CHICKEN** **\$15** **\$20** **\$25**  
 Breaded chicken tossed in buffalo sauce

**BBQ CHICKEN** **\$15** **\$20** **\$25**  
 Breaded chicken tossed in BBQ sauce

**FETA CHEESE** **\$13** **\$18** **\$20**  
**CHICKEN** **\$13** **\$19** **\$24**  
**SHRIMP** **\$17** **\$25** **\$34**

## CHILDREN'S MENU

\* Children under 12, additional \$2 charge for children over 12

**CHICKEN FINGERS** **\$10**  
**FRIED CLAMS** **\$10**  
**FISH & CHIPS** **\$10**  
**HAMBURGER** **\$10**  
**CHEESEBURGER** **\$10**  
**GRILLED CHEESE** **\$7**

All above served with french fries

**SPAGHETTI, ZITI OR LINGUINI** **\$7**  
**CHEESE RAVIOLI** **\$10**

add meatball or sausage \$3

## TRADITIONAL PAN PIZZA



Toppings for pizza:

pepperoni, meatball, sausage, bacon, anchovies, mushrooms, green peppers, onions, salami, spinach, broccoli, jalapeño peppers

	S 10"	M 14"	L 18"
<b>MOZZARELLA</b>	<b>\$12</b>	<b>\$14</b>	<b>\$20</b>
<b>CHOICE OF 1 ITEM</b>	<b>\$13</b>	<b>\$15</b>	<b>\$21</b>
<b>CHOICE OF 2 ITEMS</b>	<b>\$14</b>	<b>\$17</b>	<b>\$22</b>
<b>CHOICE OF 3 ITEMS</b>	<b>\$15</b>	<b>\$18</b>	<b>\$23</b>
<b>CHOICE OF 4 ITEMS</b>	<b>\$16</b>	<b>\$19</b>	<b>\$25</b>

## CALZONES

**CHEESE \$13**

Mozzarella, Ricotta

each additional item add \$1

pepperoni • meatball • sausage • bacon  
 anchovies • mushrooms • green peppers  
 onions • salami • spinach • broccoli • jalapeño

All prices subject to change.

18% gratuity will be added to parties of 6 or more.

No separate checks for parties of 5 or more.

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Thoroughly cooking meats, poultry, seafood, and eggs reduces the risk of food borne illness.