

## STARTERS

### MOZZARELLA en CARROZZA \$9

House-made fried mozzarella topped with our homemade marinara sauce

### SPARTAN'S WINGS

8 PIECES \$12 // 16 PIECES \$20

Golden brown wings served with blue cheese dressing, celery and carrots.

Tossed in your choice of Buffalo, BBQ, or Hot Sauce

### SHRIMP COCKTAIL \$16

Ice cold jumbo shrimp served with tangy cocktail sauce and lemon wedge

### POPCORN CHICKEN \$10

Lightly breaded chicken served golden brown with honey mustard

### FRIED CALAMARI \$15

Add Gorgonzola \$2 Add Hot Peppers \$2

Fresh calamari dusted in a special mix, served golden brown, with a side of our homemade marinara sauce and lemon wedge

### BONELESS BUFFALO CHICKEN \$12

Boneless breast of chicken breaded and served golden brown in our homemade mild and tangy wing sauce

### NACHOS \$12

Nacho chips covered with jalapeño peppers, tomatoes, scallions and melted cheese, sour cream and salsa  
Add Chicken \$2 Add Beef \$3

### JALAPEÑO POPPERS \$10

Cheddar cheese jalapeño poppers deep fried and served with sour cream

### CHICKEN FINGERS \$11

Deep fried golden brown served with blue cheese dressing

### POTATO SKINS \$12

Fried potato halves stuffed with scallions, tomatoes, bacon, melted cheese and sour cream

### GARLIC BREAD \$5

### WITH CHEESE \$6

### WITH MARINARA Add \$1

## SOUPS

### French Onion \$6

Soup du jour (ask server)

## SALADS

### TOSSSED HOUSE SALAD S \$6 // L \$9

Fresh mixed greens, tomatoes, cucumber, onions, peppers, Kalamata olives and pepperoncini

### CAESAR SALAD S \$9 // L \$12

Crisp Romaine lettuce tossed with homemade Caesar dressing, topped with seasoned croutons and parmesan cheese

### CHEF SALAD S \$12 // L \$14

Fresh mixed greens topped with vegetables, hard boiled egg, assorted meats and American cheese

### GREEK SALAD S \$11 // L \$13

Fresh mixed greens topped with feta cheese, anchovies, Kalamata olives, tomato, cucumber, onion, peppers, and pepperoncini

### SPARTAN SPECIAL SALAD S \$12//L \$15

Fresh mixed greens with tomatoes, cucumbers, onions, green peppers, Kalamata olives, feta cheese and turkey tossed in a vinaigrette dressing

#### Add a Protein:

Chicken S \$3, L \$5 Buffalo Chicken S \$4, L \$6  
Shrimp S \$7, L \$9 Steak S \$7, L \$9  
Scallops S \$9, L \$15 Salmon \$13

## SPARTAN WRAPS

All wraps are served with a pickle and your choice of steak fries, onion rings, potato salad or cole slaw. Sub sweet potato fries \$2.

### GRILLED CHICKEN WRAP \$13

Grilled chicken, lettuce, tomato, onion, cheddar cheese and thousand island dressing

### ROAST BEEF WRAP \$13

Roast beef, lettuce, tomato, onion, roasted red peppers, cheddar cheese and thousand island dressing

### ITALIAN WRAP \$14

Salami, ham, fresh mozzarella, roasted red peppers, hot cherry peppers, lettuce, tomato, onion and balsamic vinaigrette

### STEAK WRAP \$16

Thin sliced angus ribeye steak, lettuce, tomato, onion, cheddar cheese and thousand island dressing

### TURKEY WRAP \$13

Turkey, swiss cheese, bacon, lettuce, tomato and honey mustard dressing

### TUNA WRAP \$12

Tuna, lettuce, tomato, onion, peppers and American Cheese

### SPARTAN WRAP \$13

Grilled chicken, feta cheese, lettuce, tomato and a splash of vinaigrette

### BUFFALO CHICKEN WRAP \$13

Buffalo chicken with shredded carrots, celery and blue cheese

### CAESAR WRAP \$12

Add Chicken \$2 Add Steak \$4

Choose from grilled ribeye steak or chicken thinly sliced with caesar salad

## FROM OUR CHARCOAL GRILL

All burgers are served with lettuce, tomato, and pickle. Sub sweet potato fries \$2.

### GRILLED CHICKEN PLATTER \$17

Served with feta cheese, tomato, olives, pepperoncini and steak fries

### ATLANTIC SALMON \$26

Grilled or blackened. Served with potato, vegetable and a choice of soup or salad

### CHOPPED STEAK \$20

Ground beef served with sautéed onions, potato, brown gravy, vegetable and a choice of soup or salad

### PRIME NEW YORK STRIP \$32

Served with potato, vegetable and a choice of soup or salad

### ANGUS RIB EYE STEAK \$36

Served with potato, vegetable and a choice of soup or salad

### SPARTAN BURGER \$17

Bacon, double cheese, topped with sautéed onions, mushrooms and steak fries

### HAMBURGER \$13

served with steak fries

### CHEESEBURGER \$14

served with steak fries

### BACON CHEDDAR BURGER \$16

served with steak fries

## SANDWICHES

All sandwiches are served with a pickle, lettuce, tomato, and mayonnaise. Your choice of potato salad or cole slaw. Add cheese \$1 Add Bacon \$2

### BLT \$9

### VIRGINIA HAM \$9

### ROASTED TURKEY \$9

### ROAST BEEF \$9

### TUNA \$9

### BUFFALO CHICKEN \$9

### STEAK (ANGUS RIBEYE) \$14

### GRILLED CHICKEN \$10

## CLUB SANDWICHES

All club sandwiches are served with lettuce, tomato, mayonnaise & bacon with your choice of steak fries, onion rings, potato salad or cole slaw. Add cheese \$1. Sub sweet potato fries \$2.

### BLT \$12

### ROASTED TURKEY \$14

### ROAST BEEF \$15

### TUNA \$11

### HAMBURGER \$14

### CHEESEBURGER \$15

### GRILLED CHICKEN \$14

## “HOT” GRINDERS

All 12” grinders are served with a pickle and your choice of potato salad or cole slaw.

### CHEESE AND PEPPERS \$9

### SAUSAGE PARMIGIANA (Sliced) \$12

### MEATBALL PARMIGIANA (Sliced) \$12

### EGGPLANT PARMIGIANA \$11

### CHICKEN PARMIGIANA \$12

### VEAL PARMIGIANA \$13

All parmigiana grinders served with mozzarella, marinara sauce, and roasted green peppers.

Extra cheese \$1

### VIRGINIA HAM \$11

### TUNA \$10

### ROAST BEEF \$12

### GENOA SALAMI \$12

### ROASTED TURKEY \$12

### SPARTAN COMBO (Italian Combo) \$13

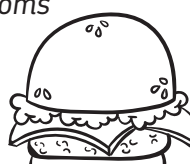
### STEAK (ANGUS RIBEYE) \$17

### CHICKEN PATTY \$12

All grinders served hot with mozzarella, lettuce, tomato, onions and roasted green peppers.

Extra cheese \$1 Add Bacon \$2

*More choices on the back!*



# Spartan

## RESTAURANT & BAR

Serving Waterbury for over 40 years

Find us online:  
spartanrestaurant.com

## GREEK SPECIALTIES

**GYRO PLATTER** \$16  
 Wrapped pita with lamb, onion, tomato, tzatziki, served with steak fries and Greek Salad

**CHICKEN GYRO PLATTER** \$15  
 Wrapped pita with chicken, onion, tomato, tzatziki, served with steak fries and Greek Salad

**GYRO ONLY** \$11  
 Lamb or chicken

**SPINACH PIE** \$10  
 Fresh spinach sautéed and mixed with Feta & Romano cheeses, seasoning, rolled in filo dough and baked golden brown

## ITALIAN DISHES

**SPAGHETTI, ZITI OR LINGUINI** \$12  
 marinara sauce or aglio y olio

**LINGUINI with Clam Sauce** \$20  
 (red or white)

**LASAGNA** \$18

**BAKED ZITI** \$15

**BAKED RAVIOLI** \$16

**BOILED CHEESE RAVIOLI** \$16

**VEAL PATTY PARMIGIANA** \$18

choice of pasta

**CHICKEN PATTY PARMIGIANA** \$17

choice of pasta

**FRESH CHICKEN CUTLET** \$22

**PARMIGIANA**

choice of pasta

**HOMEMADE EGGPLANT PARMIGIANA**

S \$14 // L \$16

choice of pasta

add meatball or sausage \$3

All above served with choice of soup or salad

## CLASSIC DINNERS

**HOT OPEN TURKEY PLATTER** \$15

**HOT OPEN ROAST BEEF PLATTER** \$15

Served with mashed potatoes

## FRIED SEAFOOD

All seafood served with steak fries, coleslaw and tartar sauce

**FISH & CHIPS** \$15

**FILET OF FLOUNDER** \$15

**FRIED SCALLOPS** \$22

**JUMBO SHRIMP** \$19

**FRESH CLAM STRIPS** \$18

**SEAFOOD COMBO** \$26

## SIDE ORDERS

**STEAK FRIES** \$5

**SWEET POTATO FRIES** \$6

**ONION RINGS** \$4

**POTATO SALAD** \$4

**COLE SLAW** \$4

**MEATBALLS** \$5

**SAUSAGE** \$5

**FETA CHEESE** \$4

**VEGETABLES** \$4

## SPECIALTY PIZZA

S 10" M 14" L 18"  
**MARGHERITA** \$14 \$18 \$22  
 Fresh tomato, fresh mozzarella, garlic, fresh basil

**HAWAIIAN** \$14 \$18 \$22  
 Ham and pineapple

**VEGETARIAN** \$15 \$19 \$24  
 Onion, green peppers, eggplant, tomatoes, broccoli, mushrooms

**SPARTAN SPECIAL** \$17 \$21 \$26  
 Pepperoni, meatball, sausage, onions, peppers, mushrooms, anchovies

**MY BIG FAT GREEK PIZZA** \$15 \$18 \$23  
 Onions, feta, Greek olives, tomatoes, fresh green peppers

**BADA-BING** \$15 \$19 \$25  
 Sausage, pepperoni, meatball, roasted green peppers

**CLAMS CASINO** \$17 \$21 \$26  
 Garlic, clams, peppers, bacon, red or white sauce

**MEATLOVERS** \$17 \$21 \$26  
 Pepperoni, meatball, sausage, bacon, ham

**BUFFALO CHICKEN** \$15 \$18 \$23  
 Breaded chicken tossed in buffalo sauce

**BBQ CHICKEN** \$15 \$18 \$23  
 Breaded chicken tossed in BBQ sauce

**FETA CHEESE** \$13 \$17 \$20

**CHICKEN** \$14 \$18 \$24

**SHRIMP** \$17 \$22 \$34

## CHILDREN'S MENU

\* Children under 12, additional \$2 charge for children over 12

**CHICKEN FINGERS** \$10

**FRIED CLAMS** \$10

**FISH & CHIPS** \$10

**HAMBURGER** \$10

**CHEESEBURGER** \$10

All above served with french fries

**SPAGHETTI, ZITI OR LINGUINI** \$7

**CHEESE RAVIOLI** \$10

add meatball or sausage \$3

## TRADITIONAL PAN PIZZA



Toppings for pizza:

pepperoni, meatball, sausage, bacon, anchovies, mushrooms, green peppers, onions, salami, spinach, broccoli, jalapeño peppers

S 10" M 14" L 18"  
**MOZZARELLA** \$12 \$13 \$18  
**CHOICE OF 1 ITEM** \$13 \$15 \$20  
**CHOICE OF 2 ITEMS** \$14 \$17 \$21  
**CHOICE OF 3 ITEMS** \$15 \$18 \$22  
**CHOICE OF 4 ITEMS** \$16 \$19 \$24

## CALZONES

**CHEESE \$11**

Mozzarella, Ricotta

each additional item add \$1

pepperoni • meatball • sausage • bacon  
 anchovies • mushrooms • green peppers  
 onions • salami • spinach • broccoli • jalapeño

All prices subject to change.

18% gratuity will be added to parties of 6 or more.

No separate checks for parties of 5 or more.

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 Available

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Thoroughly cooking meats, poultry, seafood, and eggs reduces the risk of food borne illness.